

PRIMARY LIGHT JIG

Feislänge: Lead Around, 2nd Step

Lead around

Up-back hop 1,2,3 hop 2,2,3 hop 3,2,3

hop 1 hop 1,2 freeze 2,3 – up-hop-back hop back 2,3,4

R+L (im Kreis, im Uhrzeigersinn)

2nd Step

Jump – up – hop back 2,3,4

switch hop vor switch hop vor switch hop down kick hop back

Up and ball and heel and ball

Up-hop-back hop back 2,3,4

R+L